

MEDICAL COMMISSION

TERMS OF REFERENCE

The Medical Commission is established within World Lacrosse (WL) under section 7.3 of the WL Bylaws.

The Commission will report to the WL Board of Directors via the Technical Director, who is an ex officio member of the Commission.

PURPOSE

The Commission is responsible for the Medical activities of World Lacrosse in support of its Members and Continental Federations (CFs).

1. COMPOSITION AND MEMBERSHIP

- 1.1. The Medical Commission shall consist of six people plus the Chief Medical Officer (CMO).
- 1.2. The Board appoints the CMO for a maximum of four years (with an optional second four-year term) following an application process advertised to all WL Members. The CMO will have as a minimum one meeting per annum with the Board but otherwise reports to the Board via the Technical Director.
- 1.3. The Board approves the membership of the Commission and any Medical Working Groups which may be appointed.
- 1.4. The Commission members will be recommended by the CMO following an application process via National Governing Bodies (NGBs) and external sources for Board approval.
- 1.5. An Athletes Commission (AC) representative is included on this Commission.
- 1.6. The CEO will be the lead staff liaison for this Commission and may attend meetings without voting privileges.

2. SKILLS, QUALITIES AND COMPETENCIES

2.1. Members of the Committee will need to have the skills, qualities and competencies outlined in Appendix 1.

3. RESPONSBILITIES



- 3.1. The Commission is responsible for advising the Technical Director and Board and working with them to support the development and implementation of agreed priorities in the WL Strategic Plan, particularly, in relation to the control and review of the medical and player safety programs which are sanctioned and/or delivered by WL
- 3.2. In relation to international lacrosse the Commission shall:
 - 3.2.1. Advise and guide the Board and Members on medical issues specific to lacrosse to ensure timely and informed decision making
 - 3.2.2. Develop and maintain a Strategic Plan to guide the work of the Commission
 - 3.2.3. Determine and recommend medical policies, protocols, rules and regulations and developing related norms and standards for WL
 - 3.2.4. Support the implementation of the technical aspects of the World Anti-Doping Code and the International Standards
 - 3.2.5. Collaborate with the AC ensuring that the Medical Commission is contributing to a wider positive participant experience
 - 3.2.6. Where required, support the delivery of medical meetings prior to all competitions and events
 - 3.2.7. Work with the Local Events Committee to ensure that all medical matters related to WL events are viable and to assist with subsequent delivery
 - 3.2.8. Information provision and education of WL and its Members on medical, health, anti-doping issues and mental health relevant to lacrosse, to encompass alternative modalities, including sports medicine, biomechanics, physiology applied to sports, nutrition and all sciences linked to sports
 - 3.2.9. Manage and ensure the accuracy and timeliness of the medical content on the WL website
 - 3.2.10. The Chair of the Medical Commission shall support the Rules Committee on the development and implementation of rules where participant safety is of concern
 - 3.2.11. Conduct and support research to provide WL with advice on injury related data, future trends, opportunities and direction
 - 3.2.12. Work in conjunction with other WL Committees, Working Groups and Continental Federation Committees in the broader context of World Lacrosse's strategic development objectives

4. OPERATING AND REPORTING PROCEDURE

4.1. The Commission will follow the WL General Procedures applicable to all Commissions. (see Appendix 2)

5. MEETINGS

5.1. Records (minutes or summary reports) of all meetings will be circulated to the Technical Director via the Chair and will be confidential to the Commission.



- 5.2. A summary report will be placed on the WL website.
- 5.3. A quorum of a minimum of 50% of the Commission shall be required for all meetings. In the absence of the Chair, he/she will appoint a deputy, or the members present will appoint a Chair for the meeting, who will liaise with the Commission Chair.

6. DELEGATED AUTHORITY

- **6.1.** The Commission is authorized to seek additional external professional expertise as required, subject to the budget agreement of the Technical Director.
- **6.2.** The Commission has otherwise no delegated authority for decisions or expenditure other than where specifically authorised by the Board or WL Management in relation to events.



APPENDIX 1. SKILLS, QUALITIES AND COMPETENCIES FOR MEMBERS OF THE MEDICAL COMMISSION

The Medical Commission will seek to gain a balance of the following amongst its members:

- A professional licensed medical background or specific subject matter expertise for which a licence to practice may not be necessary (e.g. Physiotherapist), noting the differences in terminology and requirements across the World.
- Strong interpersonal, political and influencing skills with a can-do attitude
- Excellent written and verbal communications skills that can translate concepts to education and training materials
- Knowledge and Understanding of the Rules of the Game across the disciplines
- Willingness to explore new options for delivery of medical and player safety across the game
- Experience in a similar role in lacrosse or another sport

Members of the Medical Commission should aim to uphold the values of World Lacrosse and to encourage these to be upheld across the community.

- Teamwork
- Passion
- Respect
- Integrity
- Friendship
- Inclusiveness



APPENDIX 2. GENERIC PROCEDURES FOR ALL WORLD LACROSSE COMMITTEES, COMMISSIONS AND WORKING GROUPS